

Epidemiology and risk factors of HCV infection among hemodialysis patients in countries of the Eastern Mediterranean Regional Office of WHO (EMRO): a quantitative review of literature

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Abstract

Background Hepatitis C virus infection (HCV) is the major co-morbidity of patients on chronic hemodialysis. There are many scattered and heterogeneous data about this infection in hemodialysis patients living in countries of the Eastern Mediterranean Region Office of WHO (EMRO) and its distribution is unknown in this region.

Aims To provide a more comprehensive tabulation of available data on the epidemiological characteristics and risk factors for HCV infection in hemodialysis patients in Iran and other EMRO countries.

Methods A systematic review was carried out based on the computerized literature databases. In all, 95% confidence intervals of infection rates were calculated using the approximate normal distribution model. Pooled odds ratios and 95% CIs were calculated by random effects models. The heterogeneity was assessed by either Q or χ^2 statistics and quantified by I^2 .

Results We identified 62 studies that fulfilled our inclusion criteria involving 17,846 hemodialysis subjects. A total of 5,704 (32%) patients had positive serology for HCV infection. The prevalence ranged from 6–72% across countries. Pooled HCV seroprevalence was 17% (95% CI

13–20), 63% (95% CI 61–64), 48% (95% CI 45–51), 72% (95% CI 68–76), 23% (95% CI 21–24) in Iran, Saudi Arabia, Egypt, Morocco and Tunisia respectively. Hemodialysis duration OR=7.63 (95% CI 4.64–12.53), transfusion OR=2.06 (95% CI 1.47–2.89) and previous transplantation failure OR=2.66 (95% CI 1.46–4.86) were major risk factors of HCV infection. Age, sex and dialysis session/week were not associated with infection rate.

Conclusion Nearly 32% (95% CI 31–33) of hemodialysis patients in the EMRO countries are infected with HCV. Despite evolution of new strategies to confine HCV transmission among hemodialysis patients, nosocomial transmission is still the major route of HCV infection in these patients in this region.

Keywords Systematic review · Meta-analysis · Hemodialysis · EMRO · Iran · HCV

Introduction

Hepatitis C virus (HCV) infection is a major public health problem worldwide (Alavian et al. 2005; Albuquerque et al. 2005; Boulaajaj et al. 2005; Alavian 2009) and patients on hemodialysis are at a much higher risk of acquiring HCV infection (Barril 2000; Salama et al. 2000; Alavian et al. 2007). Advancements of hemodialysis techniques have dramatically improved patients' survival of end-stage renal disease. As duration of hemodialysis is known as one of HCV infection risk factors, this increased survival has consequently led to an increased risk of getting infected by HCV among hemodialysis patients. Distribution of HCV infection among hemodialysis patients is not homogenous

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globally, and seemingly, is higher in developing countries (Alavian 2009). In addition to different HCV prevalence among hemodialysis patients across different countries, enormous heterogeneity exists between reports from various parts of the same country (Jadoul et al. 1998). There are reports stating that HCV prevalence among hemodialysis patients is in a declining trend (Alavian et al. 2008), and this decline has mostly been attributed to strict adherence of hemodialysis centers to universal precautions (Baril and Traver 2003; Saxena et al. 2003; Yang et al. 2003; Jadoul et al. 2004; Shamshirsaz et al. 2004; Carneiro et al. 2005; Gallego et al. 2006). HCV epidemiological changes have been reported to be more prominent in the USA and European countries (dos Santos et al. 1996; Espinosa et al. 2004). To track these epidemiological changes in the Eastern Mediterranean Region Office of WHO (EMRO), where our country lies, we undertook a literature review. According to our results, adequate and reliable data from developing countries in this region are missing, the majority of available data from these countries are old and dated, heterogeneous and suffering from small sample sizes. Hence, to provide a more comprehensive presentation of available data, we expanded our narrative literature review to a systematic review on epidemiological characteristics and risk factors of HCV infection among hemodialysis patients of EMRO countries and tried to quantitatively analyze available epidemiological data from this region.

Materials and methods

Literature search

Electronic databases including Medline, Scopus and ISI were searched for seroepidemiological data of HCV infection among hemodialysis patients in EMRO countries. Our search was performed without temporal limits by different combinations of the following keywords: ‘hemodialysis’ or ‘haemodialysis’ or ‘dialysis’ or ‘end stage renal disease’, ‘hepatitis C virus’ or ‘HCV’ or ‘chronic hepatitis C’. The names of EMRO countries that were added to our search strategy are as follows: Iran, Iraq, Afghanistan, Pakistan, Bahrain, Kuwait, Jordan, Lebanon, Oman, Qatar, Saudi Arabia, Syria, United Arab Emirates, Yemen, West Bank, Egypt, Libyan Arab Jamahiriya, Djibouti, Morocco, Somalia, Sudan and Tunisia. Additionally, Persian-specific databases including SID, EMR Medex, websites of Iranian universities, Iran Medex and MagIran were searched using the aforementioned keywords. PakMediNet, the database of biomedical publications in Pakistan, was also accessed and searched via relevant keywords. Websites of regional journals from WHO-EMRO indexing site were browsed as well.

Selection of studies and data extraction

All studies that were published in English fulfilling the following criteria were considered eligible: (1) study design: cohort, case control, cross-sectional; (2) sample origin: patients on maintenance hemodialysis; (3) studies using enzyme immunoassay for anti-HCV antibody testing; (4) studies reporting anti-HCV antibodies among hemodialysis patients in EMRO countries. In addition to presenting confusing data, including subjects with symptomatic liver diseases, our exclusion criteria were patients on peritoneal hemodialysis or on hemodialysis because of acute renal failure. Titles and abstracts of all potentially relevant studies obtained through the search strategy were screened by a single investigator (S.V.T) to find eligible studies. If there was any uncertainty, it was settled by consulting the supervisor of this investigation (S.M.A). The following information was sought from each eligible study: first author’s name, year of publication, country of sample’s origin, type of study (cohort, case control or cross-sectional), sample size, generation of ELISA, confirmation with RIBA, mean/median age of subjects, percent of male subjects, mean/median duration of hemodialysis, number of subjects with positive anti-HCV and the percentage of HCV prevalence with 95% CI.

Quantitative analysis

The 95% CIs of the seroprevalence of anti-HCV antibody among hemodialysis patients for each of the included studies were computed using the approximate normal distribution model. The pooled estimate of anti-HCV Ab seropositivity rates accompany with 95% CIs for each country was computed if there were more than two studies. For Iranian studies, random effects model of DerSimonian and Laird was used to calculate pooled infection rate. The random effects model provides a more conservative estimate of significance. This model operates under the assumption that included studies are only a random sample of all studies that will be conducted so that heterogeneity between individual studies will result in a wider confidence interval of the summary estimate. Therefore, using the DerSimonian and Laird random effects model, the reported summary estimate was calculated as an average of the individual study results weighted by the inverse of their variances—variance for each study is the sum of the variance within studies plus the variance between studies; Michael Borenstein et al. (2009). Because there were significant heterogeneity in studies from Iranian provinces and other EMRO countries as well as a low number of studies and subjects, the random effects model was going to yield a wide range of HCV serostatus estimate; thus, to reach a meaningful estimate of infection rate in Iranian

provinces and other EMRO countries, we applied a fixed effect model of inverse variance. Under the fixed-effect model we assume that there is one true estimate which underlies all the studies in the analysis, and that all differences in observed results are due to sampling error (variance between studies are assumed zero). In this model, the summary estimate is an average of the individual study results weighted by the inverse of their within-study variances that result in tighter CIs for summary estimate. This model puts less weight on small studies than the random effects model; therefore, it is less affected by the presence of publication bias. The estimate of heterogeneity was taken from the Mantel-Haenszel model for odds ratios of reported risk factors; under the null hypothesis of the test of heterogeneity, there is no difference in the treatment effect between groups (this follows a χ^2 distribution with a $k - 1$ degree of freedom, where k is the number of studies contributing to the meta-analysis. Heterogeneity estimation for HCV infection rates was made using a Q statistic under the same null hypothesis. Study results were considered

heterogeneous if the resultant P -value was less than 0.1 (Petitti 2000). I^2 was also used to provide a measure of the degree of inconsistency in the studies' results. Its quantity, describes the percentage of total variation across studies, due to heterogeneity rather than chance. I^2 lies between 0 and 100%. A value of 0% indicates no observed heterogeneity, and larger values show increasing heterogeneity (Higgins et al. 2003).

Results

Based on data provided in titles and abstracts, we retrieved 64 relevant manuscripts that evaluated anti-HCV serostatus in patients on maintenance hemodialysis from EMRO countries. These studies were carefully examined to avoid the inclusion of overlapping reports. Accordingly, two studies with duplicate data of the same patients were excluded (al-Dhahry et al. 1992; Qadi et al. 2004). Furthermore, one study was deleted for methodological

Table 1 Characteristics of included patients and studies from Iran (individual and pooled estimates of HCV infection are presented in Figs. 1 and 2)

Author and Date	Province	Design	Sample size	ELISA	RIBA	Mean age	Male %	Dialysis duration
(Rais-Jalali and Khajehdehi 1999)	Fars	C-S	182	2nd	No	48	61%	28
(Mohammad-Alizadeh et al. 2002)	Hamadan	C-S	96	2nd	No	52	54%	11
(Broumand et al. 2002)	Tehran	CS	548	3rd	Yes	NR	NR	NR
(Alavian et al. 2003)	Tehran	C	838	3rd	Yes	50	56%	4.4
(Toosi et al. 2008)	Tehran	C-S	130	3rd	No	NR	NR	NR
(Nemati et al. 2009)	Tehran	C	112	2nd	No	59	54%	30
(Alavian et al. 2004)	Qazvin	C-S	68	2nd	Yes	51	53%	40
(Bozorghi et al. 2006)	Qazvin	C-S	89	3rd	Yes	51	NR	NR
(Seyrafian et al. 2006)	Isfahan	C-C	556	3rd	No	NR	NR	NR
(Ghomi et al. 2006)	Qom	C-S	236	2nd	Yes	NR	NR	NR
(Samimi-Rad et al. 2008)	Markazi	C-C	204	3rd	Yes	54	50%	39
(Ansar and Kooloobandi 2002)	Guilan	C-C	93	2nd	Yes	NR	NR	NR
(Amiri et al. 2005)	Guilan	C-S	298	2nd	Yes	52.2	52%	≥48 (21%)
(Dadgaran 2005)	Guilan	C-S	393	2nd	No	54	59%	≥36 (38%)
(Taziki and Espahbodi 2008)	Mazandaran	C	497	3rd	No	^a	^a	^a
8(Makhloogh et al. 2008)	Mazandaran	C-S	186	3rd	No	58	65%	36
(Sorkhi et al. 2008)	Mazandaran	C-S	62	3rd	Yes	51	45%	>60 (6.5%)
(Jabbari et al. 2008)	Golestan	C	93	2nd	Yes	47	55%	48
(Assarehzadegan et al. 2009)	Khuzestan	C-S	214	3rd	No	37	63%	NR
(Somi et al. 2007)	Eastern Azerbaijan	C-S	462	3rd	Yes	53	55%	>36 (40%)
(Kheradpezhohu et al. 2007)	Eastern Azerbaijan	C-S	324	2nd	No	53	59%	53
(Saboor et al. 2003)	Kermanshah	C-S	140	2nd	No	^a	^a	^a

^a Blank boxes are related to data that have not been mentioned in abstracts of the manuscripts which full texts were not available to us
 C-S cross-sectional studies; C cohort studies; C-C case-control studies; NR not reported

Table 2 characteristics of studies and patients in EMRO countries (pooled estimates are presented in Fig. 3)

Country	Author and date	Design	Sample size	ELISA	RIBA	Mean age	Male %	Dialysis duration	No. of positive cases	Prevalence 95% CI
Pakistan	(Gul and Iqbal 2003)	c-c	50	2nd	No	40	50%	NR	34	68% (55–81)
	(Khokhar et al. 2005)	C-S	97	2nd	No	NR	66%	22	23	24% (16–32)
Iraq	(Khattab 2008)	C	169	3rd	No	36	60%	11	12	7% (3–11)
Bahrain	(Almawi et al. 2004)	C-C	81	NR	No	NR	NR	NR	7	9% (3–15)
Kuwait	(El-Reshaid et al. 1995)	C-S	196	2nd	No	50	49%	18	88	45% (38–52)
Jordan	(Said et al. 1995)	C-S	273	2nd	No	NR	NR	NR	67	25% (20–30)
Lebanon	(Abdelhour et al. 1997)	C-S	108	a	No	a	a	a	17	16% (10–24)
Oman	(al-Dhahry et al. 1993)	C-C	102	a	No	a	a	a	27	27% (19–36)
Qatar	(Abboud et al. 1995)	C	130	NR	Yes	NR	NR	38	58	45% (36–53)
Saudi Arabia	(Fakunle et al. 1991)	C-S	190	a	No	40	a	a	102	54% (47–61)
	(Bernieh et al. 1995)	C-S	94	2nd	No	47	45%	39	56	60% (50–70)
	(Omar et al. 1995)	C-S	149	2nd	No	48	57%	NR	126	85% (79–90)
	(Souqiyeh et al. 1995)	C	1392	2nd	No	45	53%	36	974	70% (68–72)
	(Al Shohaib et al. 1995)	C-S	139	2nd	No	NR	NR	NR	73	53% (44–61)
	(Shaheen et al. 1995)	C-S	408	2nd	No	43	52%	52	295	72% (68–77)
	(Al-Muhanna 1995)	C-S	162	2nd	Yes	NR	NR	NR	70	43% (35–50)
	(Soyannwo et al. 1996)	C-S	96	a	No	a	49%	a	48	50% (40–60)
	(Saxena et al. 2001)	C-S	189	3rd	Yes	48	48%	74	83	44% (37–51)
	(Al-Jiffri et al. 2003)	C-S	248	NR	No	NR	NR	55	180	73% (67–78)
	(Kashem et al. 2003)	C-S	90	4th	Yes	45	52%	48	42	47% (36–57)
	(Hussein et al. 2007)	C	180	3rd	No	55	48%	NR	34	19% (13–25)
Syria	(Abdulkarim et al. 1998)	C-S	120	2nd	No	NR	NR	NR	90	75% (67–83)
	(Othman and Monem 2001)	C-C	139	3rd	No	NR	58%	>36 (43%)	95	68% (60–76)
	(Moukeh et al. 2009)	C-S	550	NR	NR	45	51%	>120 (4%)	290	54% (50–58)
Emirates	(El Shahat et al. 1995)	C	262	2nd	Yes	42	68%	21	64	24% (20–30)
Yemen	(Haidar 2002)	C-C	30	3rd	No	NR	NR	NR	12	40% (22–58)
Egypt	(Abdel-Wahab et al. 1994)	C-C	170	2nd	No	NR	NR	NR	78	46% (39–53)
	(Gohar et al. 1995)	C-C	64	a	No	a	a	a	56	88% (80–96)
	(Abdel Hady et al. 1998)	C-C	96	a	No	a	a	a	26	27% (18–36)
	(El-Zayadi et al. 1999)	C-S	79	a	No	a	a	a	11	14% (6–22)
Libya	(Hassan and Khalil 2000)	C-S	210	2nd	Yes	48	NR	27	125	59% (52–66)
	(Elzouki et al. 1995)	C-S	153	2nd	No	42	62%	>12 (61%)	32	21% (14–27)
Morocco	(Boulaajaj et al. 2005)	C-S	186	a	No	a	v	104	141	76% (70–82)
	(Sekkat et al. 2008)	C-S	303	a	No	a	a	a	207	68% (63–74)
Sudan	(Suliman et al. 1995)	C-C	46	2nd	Yes	NR	74%	36	16	35% (22–49)

Tunisia	(Jemmi et al. 1994)	C-S	63	2nd	No	a	a	a	27	42% (31–55)
	(Ayed et al. 2003)	C-S	4290	2nd	No	NR	NR	NR	960	22% (21–23)
	(Ben Othman et al. 2004)	C	276	3rd	No	a	a	a	90	33% (27–38)
	(Hmaied et al. 2006)	C	395	3rd	No	54	60%	NR	79	20% (16–24)

^a Blank boxes are related to data that have not been mentioned in abstracts of the manuscripts which full texts were not available to us
 C-S cross-sectional studies; C cohort studies; C-C case-control studies; NR not reported

reasons—the third generation of RIBA test was used for screening (al Meshari et al. 1995). According to what we found, no data were available from Djibouti, Somali and Afghanistan concerning HCV prevalence in their hemodialysis patients. Additionally, only 1 study was identified from Bahrain, Iraq, Kuwait, Jordan, Lebanon, Libya, Oman, Qatar, Emirates, Yemen and Sudan. Furthermore, 22 studies involving 5,821 subjects from Iran, 2 studies including 147 subjects from Pakistan, 12 studies with 3,337 subjects from Saudi Arabia, 3 studies with 809 subjects from Syria, 5 studies with 619 subjects from Egypt, 4 studies from Tunisia with 5,024 subjects and 2 studies including 489 subjects from Morocco have been found. The mean/median age of subjects ranged from 36 to 59 years, the male gender constituted 45–74% of the studied population and the mean/median duration of hemodialysis ranged from 4.4 to more than 120 months. Twelve studies had case-control (C-C) design, 11 were longitudinal (cohort) and the other 38 were simple cross-sectional (C-S) studies (Tables 1 and 2).

HCV infection rate among hemodialysis patients in EMRO countries

Table 1 and Fig. 1 show seroprevalence of HCV infection among hemodialysis patients in Iran. The point estimates ranged from 3 to 56%. The pooled estimate of infection in random effects model was 17%—(95% CI 13–20), $Q(22)=371$, $P=0$, $I^2=94\%$. In the fixed-effect model, the pooled estimate was 10% (95% CI 9–11). Figure 2 shows distribution of HCV infection in Iran according to the provinces that the studies have been conducted in. There were no studies from the eastern part of this country. Distribution of HCV infection in hemodialysis patients ranged from 3% in Isfahan to 28% in Golestan province. Golestan in northern and Kermanshah in western parts of Iran were the most prevalent provinces regarding HCV infection in hemodialysis patients, whereas the rate of infection was below 15% in other states (Fig. 2).

Table 2 shows the pooled or individual estimate of HCV infection rate in other EMRO countries. Pooled seroprevalence of HCV infection was 63% [(95% CI 61–64), $I^2=97\%$] in Saudi Arabia, 37% [(95% CI 30–44), $I^2=97\%$] in Pakistan, 61% [(95% CI 57–64), $I^2=92\%$] in Syria, 48% [(95% CI 45–51), $I^2=98\%$] in Egypt, 72% [(95% CI 68–76), $I^2=75\%$] in Morocco and 23% [(95% CI 21–24), $I^2=88\%$] in Tunisia. Figure 3 shows geographical distribution of HCV infection rate in EMRO region.

Eight studies had enrolled blood donors, dialysis staff or general population as a control group. The OR of HCV infection rate in hemodialysis patients vs. these control groups were 40.99 [(95% CI 7.88–213.30), $\chi^2(6)=194$, $I^2=97\%$] (Fig. 4).

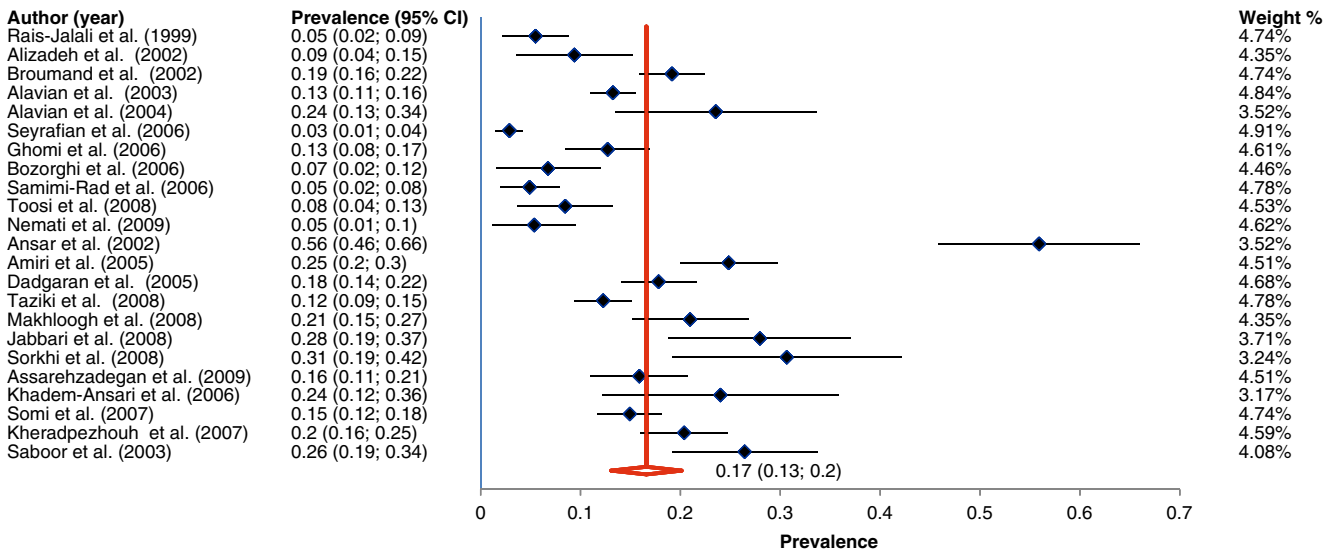


Fig. 1 Summary estimate of HCV infection rate among hemodialysis patients in Iran

Risk factors of HCV infection among hemodialysis patients in EMRO countries

We aggregated reported risk factors of HCV infection among hemodialysis patients across all studies from EMRO countries. These risk factors included long hemodialysis duration, history of previous blood transfusion, history of rejected allograft, male gender, older in age and three or

more hemodialysis sessions per week. Because subjects were from different ethnicities and some reports were not accessible to us, we used the random-effects model of the DerSimonian and Laird method to identify statistically significant risk factors. This model is more conservative than the fixed-effect model and yields wider confidence interval for pooled estimates. The odds ratio (OR) was significant for long hemodialysis duration (Fig. 5), history

Fig. 2 Geographical distribution of HCV infection in hemodialysis patients in Iran

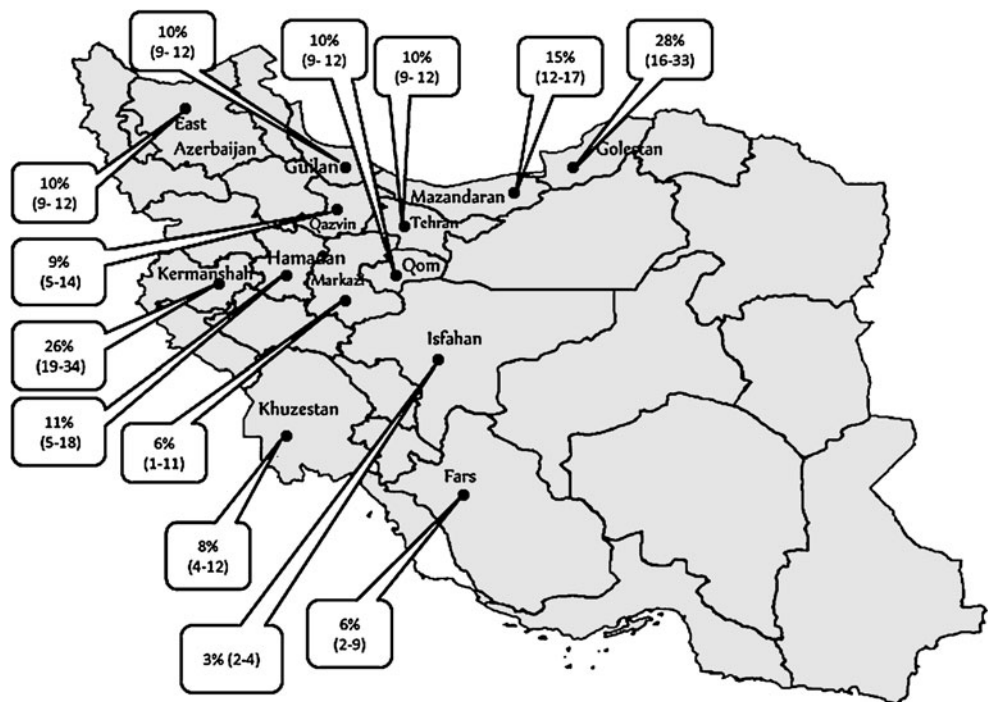
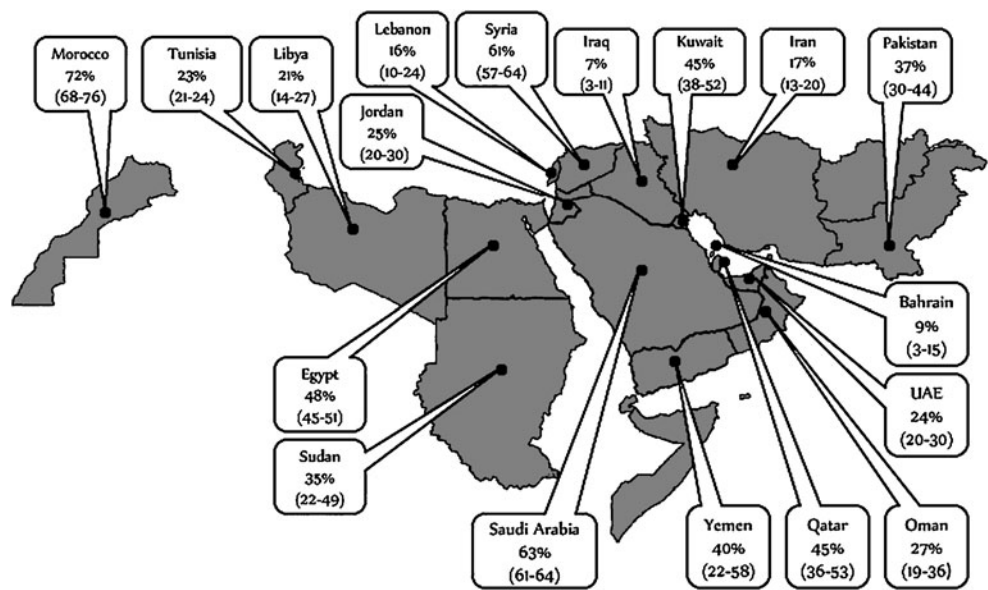


Fig. 3 Geographical distribution of HCV infection among hemodialysis patients in eastern Mediterranean region



of rejected allograft (Fig. 6) and history of blood transfusion (Fig. 7). The OR was non-significant for higher ages [0.93 (95% CI 0.58–1.51), $I^2=0\%$], male gender [0.94 (95% 0.72–1.23), $I^2=52\%$], and three dialysis session/week vs. lesser [1.84 (95% CI 0.65–5.18), $I^2=70\%$].

Discussion

HCV prevalence among hemodialysis patients and its associated risk factors can help us to develop more efficient prevention strategies against this infection. As accurate data from EMRO countries are scarce in this regard, this systematic review was performed to provide a more robust viewpoint on the current situation of hemodialysis patients’

HCV infection in this region. To be able to compare HCV prevalence in various countries, pooled estimates of HCV infection rate in hemodialysis patients were calculated for each of EMRO countries. Details of epidemiological data from various parts of the same country have been summarized in Tables 1 and 2. Due to what is shown in these tables, an obvious difference is seen between HCV infection reports from different parts of Iran, Tunisia, Egypt, Syria and Saudi Arabia. This difference can be attributed to several influencing factors. First, these studies were performed in different regions, with various HCV prevalences among their normal population. For instance, the pooled estimate of HCV infection in Iran was 16% and varied from 3% in Isfahan province (central Iran) to 28% in Golestan province (north east Iran). The higher rate of HCV infection in Golestan

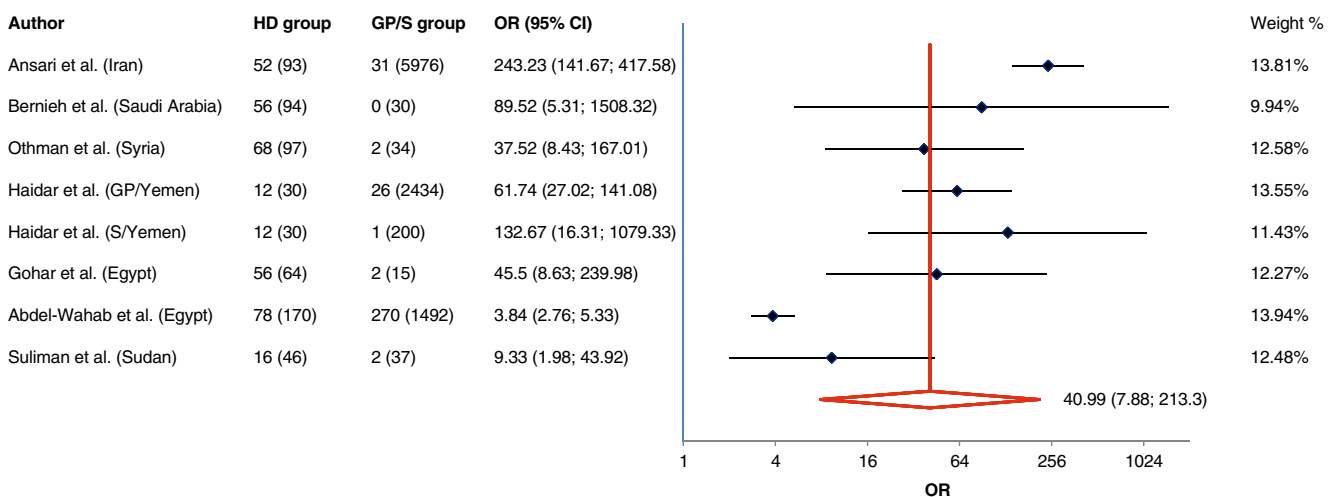


Fig. 4 Summary estimate of HCV infection rate in hemodialysis patients vs. general population\dialysis unit staffs\blood donors

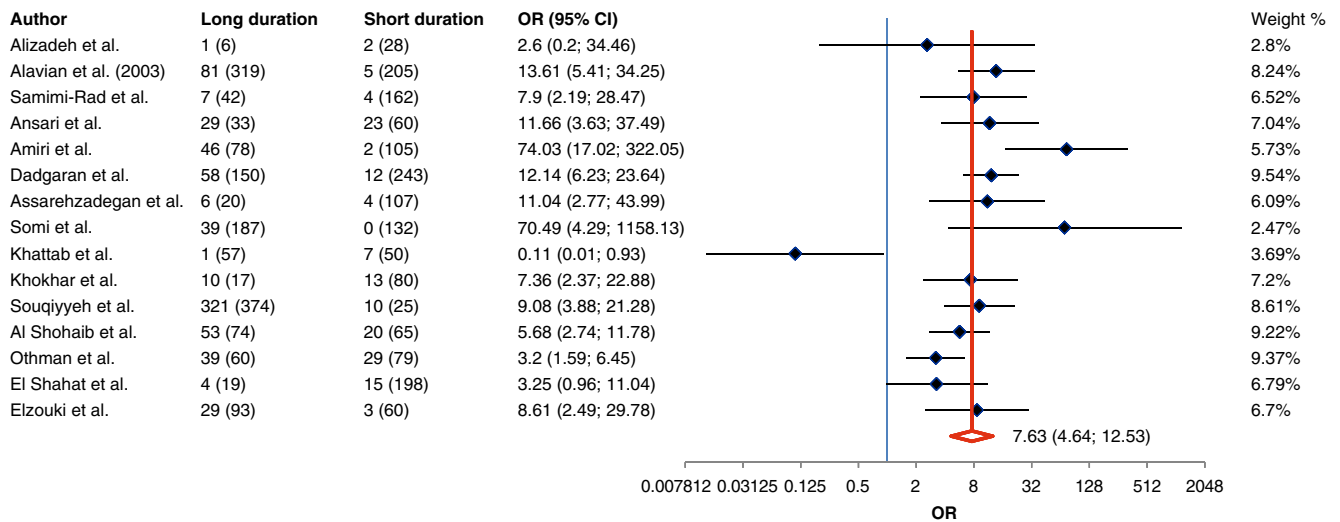


Fig. 5 Summary estimate of HCV infection rate in patients with a long hemodialysis duration vs. patients whose duration of hemodialysis has been short, the comparisons are reconstructed based on defined categories inside each study

province can be related to higher prevalence of infection in the general population in this area (Ghadir et al. 2006; Alavian et al. 2009). Second, adherence of hemodialysis centers to precautionary measures might be different between centers of various parts of the same country.

In addition to different HCV prevalences between various parts of the same country, HCV prevalence is different between different countries as well. According to our results, the pooled estimate of HCV infection was much higher in other EMRO countries than Iran. This higher prevalence can be attributed to a higher rate of HCV infection in the general population (Daw et al. 2002; Ameen et al. 2005; Alavian et

al. 2009; Ali et al. 2009), ineffective health policies on handling HCV prevention programs and strategies (Alavian 2006), higher rate of HCV infection in blood donors (Kamel et al. 1992; Kafi-abad et al. 2009), loose programs regarding blood donors’ HCV infection screening prior to transfusion (Rezvan et al. 2007) and limitation of available treatment resources for the rapidly growing hemodialysis population (Mahdavi-Mazdeh et al. 2008).

Besides HCV prevalence among hemodialysis patients of EMRO countries, risk factors of their getting infected by HCV were studied in the present review. Our results showed that nosocomial transmission (OR=7.63 for longer

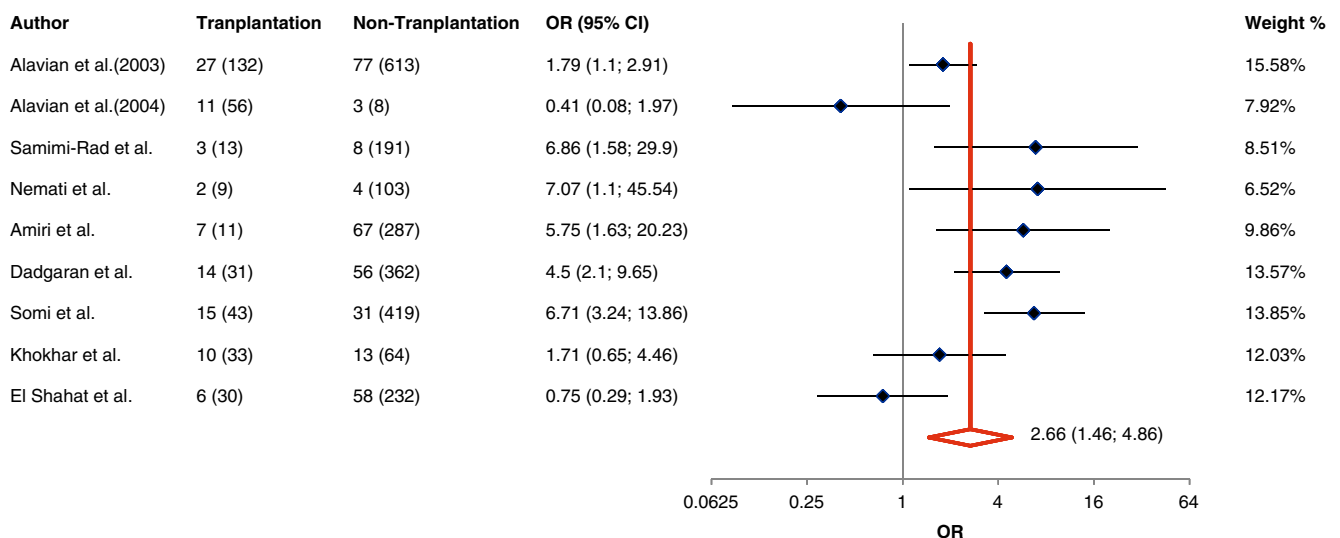


Fig. 6 Summary estimate of HCV infection rate in hemodialysis patients with history of allograft rejection vs. those who did not undergo transplantation

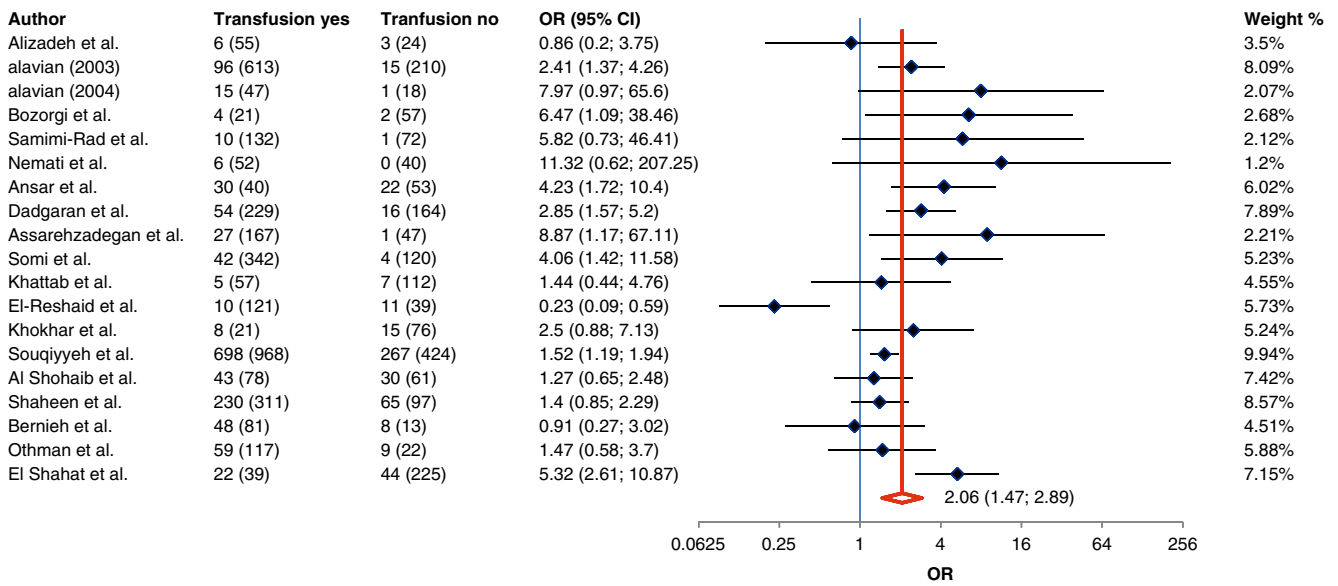


Fig. 7 Summary estimate of HCV infection rate in hemodialysis patients with history of blood transfusion vs. those who did not undergo transfusion

hemodialysis duration vs. 2.06 for transfusion and 2.66 for allograft rejection) is the key mode of HCV transmission in hemodialysis settings across EMRO countries. Therefore, universal infection control precautions are the keystone in prevention of HCV transmission through hemodialysis units in this area. Thus, screening all hemodialysis patients for the HCV antibody seems reasonable. Developing an online network to link all of the dialysis centers of the country and make it possible for them to share their obtained data might also be very helpful (Alavian 2006). Isolation measures such as health-care monitoring of infected patients and providing care in a distinct section of the unit can improve prevention results as well. Additionally, it is recommended that dialysis centers screen their patients for HCV antibody every 3–6 months and treat the positive patients. In this strategy, infected patients will be diagnosed in the acute phase of infection and their chance of sustained viral response will be increased. According to the fact that these patients serve as a reservoir of infection for other patients, staffs and transplantation team, this intervention will also limit the source of HCV infection. (Pol et al. 1993; Saab et al. 2001a, b. Clearly, diagnosis of new HCV infections will make the hemodialysis centers review their adherence to precautionary methods and increase their vigilance. Public health authorities’ awareness of the prevalence and incidence of HCV infection in their local hemodialysis centers will encourage them to assess the risk factors of HCV infection among hemodialysis patients, and will facilitate changes in current policies. Successful control of infection requires further studies to assess the effectiveness of different preventive policies (Alavian 2009).

HCV infection does not seem to influence patient and graft survival within a medium-time follow up in living allograft recipients. Thus, renal transplantation will decrease the mortality rate of these patients. It will also diminish the risk of HCV transmission from infected patients to other hemodialysis patients. Therefore, placing these patients on the top of the kidney transplantation waiting lists is recommended.

To understand the comparative magnitude of HCV infection among hemodialysis patients in EMRO countries, we tried to locate epidemiological evidence from countries of other WHO regional offices. Due to the scattered nature of study findings across and within countries, we put our priority on systematic reviews, analysis of registries or international epidemiological projects. If it was not possible, we picked the most populated country or countries within each region with accessible data as representative for comparison purposes.

Investigation of prevalent data recorded in the national or regional dialysis registries of the 10 Asia-Pacific countries/areas (Australia, New Zealand, Japan, China, Taiwan, Korea, Thailand, Hong Kong, Malaysia and India) between 1995 and 2005, comprising 201,590 patients, has shown an HCV infection rate of 0.7–18.1% (Johnson et al. 2009). Very few data are available from countries of the WHO South East Asia region. The HCV infection rate was reported between 4.3 and 46% in India, the major country in this region (Reddy et al. 2005; Chandra et al. 2004; Agarwal et al. 1999; Jasuja et al. 2009). From the WHO Africa region, we could only find one old study from South Africa that reported HCV an infection rate of 22.6% (Soni et al. 1993). It seems that HCV prevalence In the WHO

European Region is very low. Results of the European Dialysis and Transplantation Association (EDTA) study on 4,724 hemodialysis patients who were studied at the baseline in 68 centers, revealed that only 13 (0.27%) patients were found to have the HCV antibody seroconverted during the 12 months of study. These HCV antibody seroconversions occurred in seven hospitals within five different countries (Zampieron et al. 2006). In the WHO Americas region, HCV prevalence among hemodialysis patients are 7.1% in Mexico (Paniagua et al. 2010), 5.4% in Canada (Tu et al. 2009), and 11% in Brazil (Freitas et al. 2008). To sum up, it appears that HCV prevalence in hemodialysis patients of the WHO Eastern Mediterranean region is significantly higher than hemodialysis patients of the European, Americas and Western Pacific regions. Due to heterogeneity and scarcity of data, no comparison could be made between the WHO Africa and South-East Asia region.

Conclusion

Nearly 32% (95% CI 31–33) of hemodialysis patients in the EMRO countries are infected with HCV. Despite the evolution of new strategies to confine HCV transmission among hemodialysis patients, nosocomial transmission is still the major route of HCV infection in these patients in this region.

Conflict of interest The authors declare that they have no conflicts of interest relevant to this manuscript. This work was not granted from any industry or organization.

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