

Evaluation of FLASH – PCR for rapid detection of *Mycobacterium tuberculosis* from clinical specimens

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ABSTRACT

Background and Objectives: Tuberculosis (TB) is the oldest known bacterial disease in humans. Due to the rise of morbidity in recent years, early diagnosis of the disease is necessary.

Materials and Methods: In this study we used Fluorescent Amplification–Based Specific Hybridization (FLASH) PCR to target *IS6110* for rapid detection of *M. tuberculosis* (MTB). To investigate the important factors influencing the risk of TB, data from patients and their medical records were analyzed.

Result: The sensitivity and specificity of FLASH-PCR for detecting MTB were determined as 93.33% and 92.5%, respectively. The findings of this study have suggested that removal of the contaminants in FLASH-PCR significantly reduced the detection time, and MTB was much more rapidly detected in the clinical specimens compared to the conventional culture and smear examination. Results of the medical survey showed that the majority of TB patients were males, over 51 years old, smokers, with pulmonary TB and normal chest X-ray (CXR).

Conclusion: MTB can be rapidly detected in clinical specimens using FLASH-PCR in comparison with culture and smear examination.

Keywords: *Mycobacterium tuberculosis*, FLASH-PCR, Rapid detection, Tuberculosis

INTRODUCTION

Mycobacterium tuberculosis (MTB) is one of the important causes of millions of deaths among adults annually (1). Recently, in many regions of the world, increase in multi drug resistant tuberculosis (MDR-TB) has become an emerging problem for public health (1, 2). Rapid detection of MDR-TB is necessary and crucial for treatment management (3, 4). MDR-TB causes higher mortality rates than drug susceptible tuberculosis and is even more important

in patients with immunodeficiency (2, 5). Moreover, early diagnosis of MTB infection is essential to the strategy selection for control of the spread and effective treatment (6, 7). Staining and direct microscopy of the pulmonary and extrapulmonary specimens lack sufficient sensitivity and specificity. The conventional techniques of MTB diagnosis are unreliable and time consuming (8, 9). Researchers are interested in devising rapid tests for detection of MTB (9-11). In recent years, the main focus has been on the development of PCR techniques (6) and many primer sets have been developed for specific detection of MTB genes (11, 12). Fluorescent amplification-based specific hybridization PCR (FLASH-PCR) with the power of fluorescence detection after the amplification has been introduced as a rapid and sensitive method for identification of pathogenic bacteria (12, 13). Abramova *et al.* applied FLASH-

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PCR for specific identification of wheat pathogenic fungi *S. tritici* and *S. nodorum* (14). Ryazantsev *et al.* diagnosed toxigenic fungi of the genus *Fusarium* with the same PCR technique (12). Moreover, Ryazantsev and Zavriev have developed an efficient diagnostic method for the major potato viral pathogens based on FLASH-PCR (15). It should be noted that FLASH-PCR requires no expensive equipment and the results are obtained within a few hours (12). On the other hand, this method decreases the risk of the bench top contamination (15), whereas contamination is inevitable in detection by electrophoresis (14).

The repetitive insertion sequence *IS6110* has been one of the excellent targets for PCR amplification (16-18) and DNA probes for diagnosis of MTB and epidemiological investigations since early 1990s (19-21). Multiple copies of *IS6110* (10 to 20 copies) exist in MTB (6, 22), whereas strains of *M. bovis* BCG contain only a single copy (16, 22). Therefore, targeting *IS6110* is helpful to increase the sensitivity of PCR over that obtained in the amplification of single-copy genes.

In this study, we aimed to develop a FLASH-PCR system as a rapid and sensitive method for the detection and identification of MTB. The results obtained by FLASH-PCR technique were compared with those of culture and smear microscopy. Also, the important factors influencing the risk of TB disease such as age, gender, history of contact with TB patient, underlying diseases, and smoking were investigated in the patients.

MATERIALS AND METHODS

Sample collection and bacterial isolation. During April 2009 until March 2010, 255 pulmonary and extra-pulmonary specimens were collected from patients suspected with TB hospitalized in at each hospital in North of Tehran. Clinical specimens included sputum, bronchoalveolar lavage (BAL), pleural fluids, pulmonary aspiration, tracheal aspirates, ascites, wound samples, urine, gastric fluids, synovial fluids, throat swabs, and abscesses. The specimens were tested directly by Ziehl-Neelsen staining and cultured on Lowenstein-Jensen (LJ) medium as the standard methods (17, 24).

DNA extraction with Sorbent method. Mucolysin solution was used in the purification step to prevent the inhibitory effects of mucosal materials

on PCR. Qiagen kit was used for DNA extraction as instructed by the supplier (Qiagen, Germany). DNA was eluted in 50 µl NSP-5 (elution buffer), intensely vortexed, and incubated at 55°C for 15 min. Finally, 30 µl of supernatant containing DNA was used for PCR reaction.

DNA amplification. DNA amplification of the 123 bp *IS6110* insertion element was performed with above mentioned primers (25). Briefly, PCR reaction was designed with 25 µl total reaction mixture containing 10 µl of 2X master mix reaction buffer (1 mM of each dNTP, fluorescent probes, and 2 mM MgCl₂; Takara, Japan), 1 µl of Taq polymerase (Roche, Germany), 5 µl (500 ng) product of DNA extraction (DNA sample), 5 µl DDW, 1 µl forward and reverse primers at final concentration of 10 pmol and 3 µl of internal control (IC). The primers and the probe were used from a kit (DNA Technology, Russia). The GeneAmp PCR system 9600 (PerkinElmer, Wellesley, MA, USA) was used for DNA amplification. The amplification cycles contained: 1 cycle, 3 min at 94°C for initial denaturation, 5 cycles, each of 1 min at 94°C, and 1 min at 67°C for denaturation and primer annealing, 45 cycles each of 30 s at 94°C, 50 s at 67°C for extension. PCR product tubes were transferred to Fluorescent Detector FD-12 (DNA Technology, Russia) and each tube was read and analyzed with GeneXpert software.

Survey of important factors influencing the risk of TB disease. A questionnaire was developed to collect social and demographic information of all TB cases (pulmonary and extra-pulmonary) such as age, gender, history of contact with TB patient, smoking and narcotics. Furthermore, medical documents of these patients were studied that contained a range of illnesses including bronchiectasis, cancer, sarcoidosis, pneumonia, fibrosis, pulmonary embolism, hydatid cyst, asthma, chronic obstructive pulmonary disease (COPD), chemical injury, symptoms of TB, normal or abnormal CXR, PPD skin test, and old or new TB (26).

Statistical Analysis. Data were processed and analyzed using statistical software such as Microsoft Excel 2010 and SPSS version 16.0. Comparisons between groups were made using chi-square and Fisher's exact test.

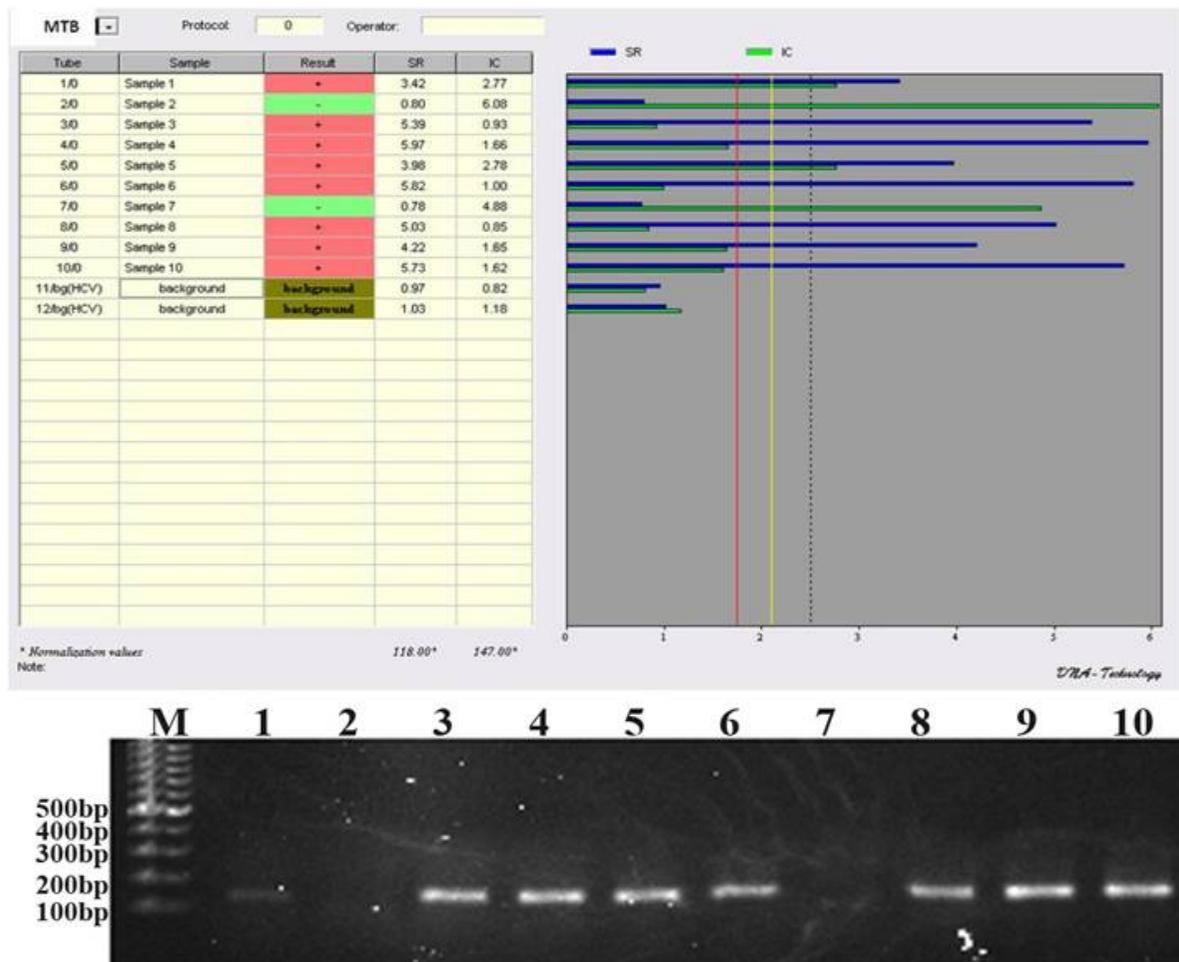


Fig. 1. FLASH-PCR; upper Fig: chart of flash PCR that detected with GeneXpert software. Lower fig: gel electrophoresis; M: 100 bp ladder, 2 & 7 were negative sample, 1 was low positive sample.

RESULTS

From April 2009 until March 2010, 255 TB suspected cases were examined, of which 30 subjects were positive in MTB FLASH-PCR assay. Most of the positive specimens were BAL samples (25 out of 30, 83%). The patients ranging from 1 to 97 years of age (average 56 years) were studied and most of them were 50 years old (164 out of 255, 64%). The age breakdown of 30 positive cases were as follows: 5 cases \leq 30 (16.6%), 1 case 31-40 age (3.3%), 5 cases 41-50 (16.6%) and 19 cases \leq 51 (63.5%). 106 out of total 255 subjects were females (41.6%) and 149 males (58.4%); in 30 positive cases, 9 cases were females (30%) and 21 males (70%).

Comparison between FLASH-PCR and microscopic and culture examination. FLASH-PCR was performed with *IS6110* as specific target gene for MTB detection. For detection of FLASH-PCR products,

PCR product tubes were transferred to Fluorescent Detector FD-12. The PCR reaction was validated by detection of fluorescent IC. In positive samples (MTB patients) fluorescence of MTB probe was detected (Fig. 1). Therefore, the products are easily identified without the extra step of electrophoresis and the risk of contamination.

Maximum positive detection was obtained by FLASH-PCR in 30 cases (11.7% of total subjects), followed by culture (15 cases, 5.8%) and smear examination (11 cases, 4.3%) (Fig. 2).

Comparison of PCR results with both culture and microscopy examination showed that FLASH-PCR technique is more sensitive than other tests (Fig. 3) ($p < 0.05$), but specificity of this type of PCR was less than the one in gold standard test (culture) (Fig., $p > 0.05$).

Documentation of medical records. In the second part, we studied the factors that might play an

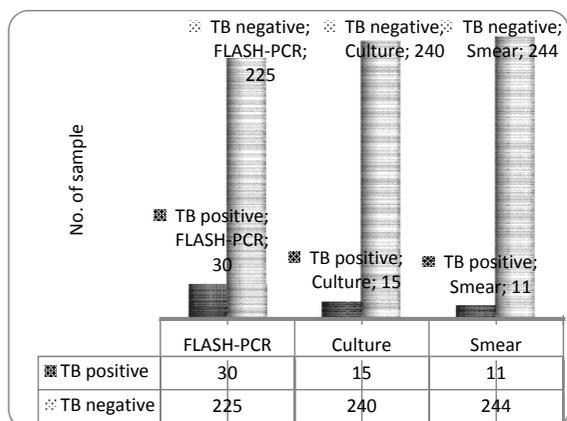


Fig. 2. Frequency of the positive samples (FLASH-PCR, culture, and smear examination).

important role in the incidence of TB disease (Fig. 4). According to the laboratory results, among the 30 TB patients, 28 (93.3%) were pulmonary and 2 (6.66%) were extra-pulmonary cases (1 case urinary tract TB, and 1 case pleural TB).

Six out of 255 subjects had a history of contact with TB patients in their families or relatives of whom only one case was reported positive for clinical tuberculosis (0.39%). Among 249 cases that had no previous contact with a TB patient, 29 (1.13%) were positive for TB.

Since the initial diagnosis of pulmonary tuberculosis is often based on abnormal findings in the CXR images of patients plus respiratory signs and symptoms, the key to the clinical diagnosis of tuberculosis is often under suspicion. In this study, 22 out of 255 cases had tuberculosis specific report of CXR with fibrotic lesions. 2 cases (0.78%) were positive for TB, 140 of 255 cases had non-specific report of CXR for tuberculosis, 26 of whom (1.01%) were TB positive. 93 of 255 cases had a normal CXR, 2 cases (0.78%) were TB positive.

Our results of 30 TB positive patients, revealed that 3 cases (10%) had positive PPD, and PPD was not reported in many patients. In total, 16 subjects (7.1%) had positive PPD test among 225 cases that were TB negative.

Furthermore, in the present study, 10 common symptoms of tuberculosis were selected including: fever, chills, sweating, night sweating, weight loss, dry cough, cough with secretions, coughing up blood, asthma, and chest pain (Fig. 3a). Most of people with TB symptoms were asthmatic (225 cases, 83.3%), and showed symptoms such as weight loss (18 cases, 60%), fever (17 cases, 56.7%), dry cough (17 cases, 56.7%),

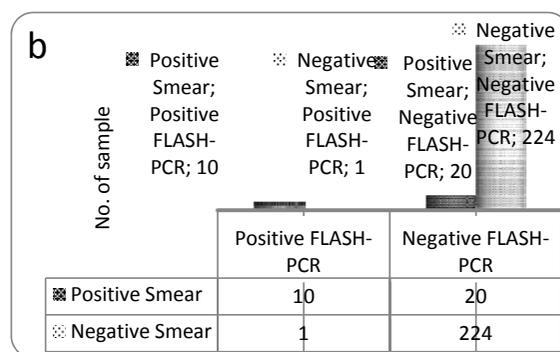
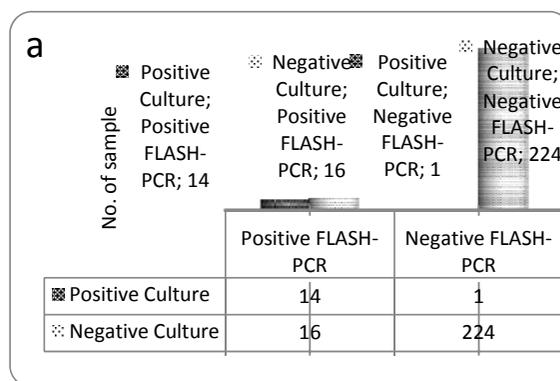


Fig 3. Comparison of FLASH-PCR with: a. Culture and b. Smear.

and cough with secretions (15 cases, 50%). In addition, 11 common lung diseases of the patients were studied in their medical documents. (Fig. 3b). Among 30 TB positive cases, 4 cases suffered from bronchiectasis (13.3%), 4 cases had lung cancer (13.3%), 1 case had co-infection with sarcoidosis (3.3%), 11 cases with pneumonia (36.7%), 5 cases with chemical injury (16.7%), 1 case with hydatid cyst (3.3%), 1 case with asthma (3.3%), and 8 cases with COPD (26.7%). Considering the known effects of smoking, narcotics and alcohol on the lung diseases, we investigated the relationship between these factors and lung diseases. Out of the 255 cases studied, 193 were non-smokers, 41 smokers, 8 smokers and consumer of narcotics, 3 smokers and consumer of alcohol, and 10 consumers of narcotics. Among 30 TB positive patients, 21 were nonsmokers (70%), 7 smokers (23.3%), and 2 smokers and narcotic consumers (6.7%).

DISCUSSION

The World Health Organization (WHO) declared TB as one of the greatest health problems for the global public health (27, 28). Since early detection

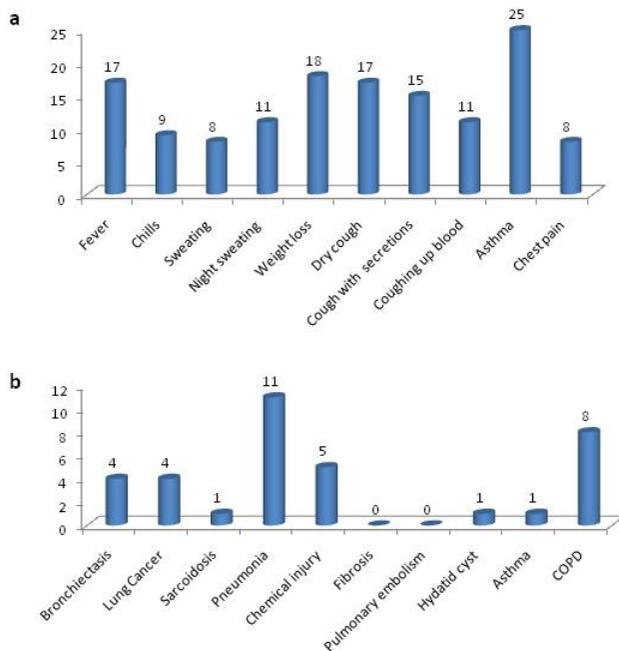


Fig 4. a. Symptoms of TB disease in the patients, b. Background of diseases of patients.

of MTB is an important emergency procedure for the control of tuberculosis (16), many researchers from different laboratories have used the PCR method for early diagnosis of MTB. In several studies, sensitivity of PCR with different DNA extraction methods has been reported between 80-90% for MTB complex diagnosis. The discrepancy in the findings could be related to the different type of PCR and primer sets. Various molecular methods have been applied to detect *M. tuberculosis* and gene mutations. The molecular methods such as PCR single stranded conformation polymorphism (PCR SSCP) assay, multiplex specific PCR assay, PCR RFLP analysis, PCR based dot blot hybridization strategy, molecular beacon assay, and direct sequencing assay (29-34) are each capable of detecting the bacterium, however they are time consuming, expensive and labor intensive. Real time PCR and GeneXpert MTB/RIF assays are highly sensitive and specific for the detection of *M. tuberculosis* and rifampicin resistance (35, 36). Importantly, one of the features of the MTB/RIF assay is its potential utility in resource poor settings. In such settings, there may be limited, if any, access to confirmatory phenotypic or genotypic drug susceptibility testing. In real time PCR technique the probe is used for detection and quantitative analysis. However, quantitative analysis is not as important as detection of MTB. In addition,

real time PCR and MTB GeneXpert methods are dependant on specific real time PCR thermocycler. Therefore, an accurate, cost effective, rapid and easy-to-perform approach for identifying mycobacterial species is necessary. In recent studies FLASH-PCR technique has been used to detect various pathogens rapidly and specifically. Abramova *et al.* (14), used FLASH-PCR to detect the phytopathogens *Septoria tritici* and *Stagonospora nodorum*. Ryazantsev *et al.* (12) optimized FLASH-PCR for diagnosis of the toxigenic fungi *F. sporotrichioides* and obtained similar to those gained by the electrophoretic analysis. On the other hand, their results were similar to Ryazantsev and Zavriev's study for diagnosis of potato viral pathogens (15), and detection of *Septoria tritici* in wheat seeds by Consolo *et al.* (10). In this study FLASH-PCR concomitant with culture and smear examination were carried out for rapid detection of MTB in clinical specimens. Compared with the culture and smear results, sensitivity and specificity of the FLASH-PCR method for MTB detection was 93.33% and 92.5%, respectively. This demonstrates that FLASH-PCR test has a higher sensitivity than conventional examination and can be performed in less than 2 days (17). In our study, the primer specific from *IS6110* fragment was used in the FLASH-PCR for MTB detection, because there are multiple copies of this sequence in the genome of MTB which increases the accuracy, sensitivity, and specificity of this technique (23). Some culture-negative samples turned positive in PCR (18 samples). The loss of mycobacteria in cultures may be due to the decontamination process or structural damage to the bacteria or the death caused by drug therapy. It has been shown in previous studies that the bacterial count significantly reduced if the bacterial culture has not been performed immediately. Therefore, it is recommended that laboratories that perform MTB culture, must pay attention to the "time" factor (37). Exceptionally in the present study we gained negative PCR for a culture positive sample, which actually was a false negative result. This may be related to the low number of copies of *IS6110* in the genome of the samples or non uniform distribution of bacteria in the sputum samples.

In this study, there was no significant difference between the number of male (58.4%) and female (41.6%) participants. These findings are consistent with previous studies (26), that reported a higher frequency of pulmonary tuberculosis in men, which

is due to job and smoking and narcotic use in male cases. In general, the diagnosis of pulmonary TB is performed with identification of acid fast bacilli from bronchial secretions, chest radiography and evidence of patient's physical signs (38). The advantage of this study is that majority of patients had non-specific CXR report for tuberculosis or had normal CXR (39, 40). Normal CXR and a negative smear is a challenge for the early diagnosis of pulmonary TB, and we recommend FLASH-PCR as a more sensitive diagnostic tool to avoid the delay in the specific diagnosis of tuberculosis. In the present survey, most of the patients were smokers and some of them were drinking alcohol or consumed narcotics. In several studies a relationship between smoking and TB has been shown and was reported that the prevalence of smoking is higher in males than in females. Thus, smoking has been known as a risk factor for pulmonary tuberculosis because of various deleterious effects on the lungs (especially in the upper zones of the lung) (41). Smoking and alcohol consumption (53.6% and 36.5%, respectively) were the important risk factors for the development of tuberculosis (3). Interestingly, 5 out of 30 TB positive patients (16.7%) were chemically injured. This finding implies that immune-compromised patients may be more prone to tuberculosis.

In conclusion, the findings of this study have suggested that MTB in clinical specimens can be rapidly detected using of FLASH-PCR associated with culture and smear examination. FLASH-PCR as rapid diagnosis can be used for HIV-infected patients because of a higher susceptibility to MTB infection and so can be a great help for controlling MDR-TB. Moreover, FLASH-PCR technique allows results to be recorded without opening the test tubes and this means the removal of the contaminants in a conventional PCR, while contamination occurs during electrophoresis. Another advantage of this technique is the addition of specific primers including fluorescent probes that increased sensitivity and specificity of this technique.

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